

Is your parent listening?

“It is quite difficult to force your brain to stay on task and to shut of extraneous thoughts”
(Scientific American-Mind, 2012; Dr. Barry Gordon, John Hopkins)

The Default Brain Network
(40-50% of the time is active)

- **REST:** Rapid episodic spontaneous thinking
- **TUT's:** Task unrelated thoughts
- **Mind Wandering**



Focus of attention

This is **HARD** to do. Research suggests a **maximum of 20-30 minutes of true focus or controlled attention**

Difficult due to constant presence of **external and internal distracting stimuli** that results in **attentional capture**

Attentional Pirates



Kevin McGrew, PhD

Is it worth the effort?

Parent involvement

- Learning is experience dependent in a “safe space”
- Frequency and duration are critical for neuroplasticity
- Development of an effective guided relationship between the parent and the child will facilitate dynamic intelligence
- Parental reinforcement of child performance critical for functional adaptive ability and managing learned non use
- Parent understanding and success increases compliance with the program and more likely completion
- Parent support through the phases of iLS program enhance the experience and help prevent regression



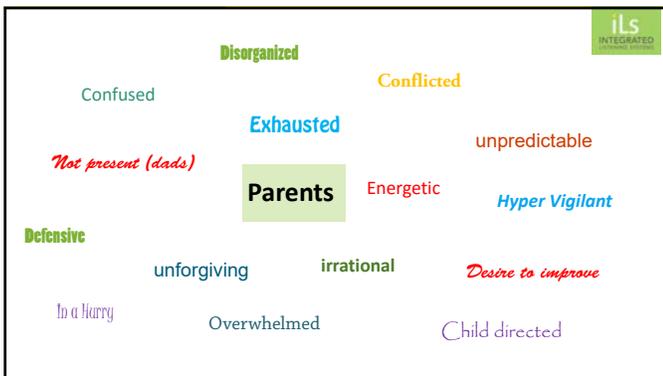
EXPECTATIONS



I think I might like learning to play golf like this

What does the research say?

- Providing parent training has been found to reduce parental stress (Moes, 1995; Smith, Buch & Gamby, 2000; Tonge et. al, 2006), an increase parental optimism and parent leisure / recreation time (Koege et.al.,1982).
- Evidence from behavior genetics research and epidemiological, correlational, and experimental studies shows that parenting practices have a major influence on children's development. (Collins WA, Maccoby EE, Steinberg L, Hetherington EM, Bornstein MH, 2000)
- Studies have indicated that when mothers have higher knowledge of infant and child development, they show higher levels of parenting skills (Huang KY, Caughy MOB, Genevro JL, Miller TL, 2005)
- Parental management style and affective involvement may be especially salient for children's prosocial development, self-control and internalization of behavior standards. (Campbell SB, 1997)
- Dynamic intelligence evolves through experiences within a guided relationship with the parent. (Gutstein , 2009)



Traditional Parent Training

- Hand written notes or activities
- Demonstration in short amount of time or bursts of related material
- Worksheets and printed materials
- Observation and imitation of client sessions
- Parent self training through existing internet searches.

Typically the parent reports their compliance with the program



So how do we reach parents?

1. Understanding comes through self discovery
2. Profile your parents and present information in small amounts.
3. Listen / Listen / Listen
4. Relate / Relate / Relate
5. Have a plan - be intentional
6. If you have a plan: Find a quiet space and set a different time... **(NO KIDS)**
7. Face Time with DAD



How do I explain iLS

- We all have a different experience – use your own personal experiences
- My explanation:
 - Explain how child relates to the world
 - iLS delivers sound, vibration and movement to help support an state of organization they may not be able to reach on their own all of he time
 - It's input into an individuals system that their child needs – relate early development
 - iLS is a tool to support the child's experience and challenge their system to adapt through experiences in the clinic and at home so that they can access greater resources.
- Use the MFA to support your recommendations
- Direct parents to iLS website



Supporting Parents

- Waiting Room and transitions
- Supporting organizations
- Take a lot of video (with permission)
- Identify your parent champions
- Use the MFA to support your recommendations & show progress
- Support groups



Video Mentoring

Forrester Research estimates one minute of online video equates to approximately 1.8 million written words.

- We learn better from videos.**
- We have shorter attention spans.**
- We're too busy for typical Learning methods.**
- We want access anytime, anywhere.**
- Visual reminders increase compliance**



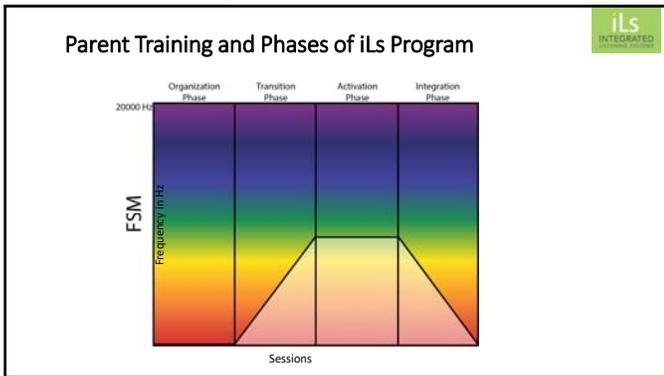
YES, we are creating training videos

Video Logistics

- Video will be created for Parent / Caregivers
- Will be short & sweet and specific (5 minutes)
- Web based access to content
- Tied into customer support at iLS
- Approved by iLS administration

Parent Training

- Housed on Teach me Morpheus Website
- Accessible to anyone looking for training / support
- Continuously adding material and growing data base
- Content that covers home rental and general parent / caregiver training
- Will include Dreampad ideas and application
- Continuously updated



- ### Parent Video Content
- How do I get the whole family involved in iLs at home?
 - Ideas for placing the Dreampad?
 - What activities can I do at home in addition to the Playbook?
 - How do I deal with avoidance behaviors and meltdowns?
 - How do I help my child build friendships?
 - How do I explain iLs to extended family members?
 - Sensitivity to sound.. What do I need to know and how does iLs help?
 - Managing transitions... how do I practice transitions with iLs?
 - Communicating with my child with an Auditory Processing difficulty?

Additional information

<https://www.teachmemorpheus.com/>
Will house parent video with search options

https://www.cdc.gov/violenceprevention/pdf/parent_training_brief-a.pdf
Interesting literature review on parent training

<http://www.aid-1.org/>
Non-Profit

integratedlistening.com
Look for updates on Best Practice Video's



What's Next?

Share your ideas and needs – Get involved

Contact iLS with content ideas and parent needs



Questions

Thanks

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